



GLUTEN-FREE MENU



EURO SPACE CENTER

MONDAY — TUESDAY — WEDNESDAY — THURSDAY — FRIDAY — SATURDAY — SUNDAY

BREAKFAST

Buffet + sliced cheese

LUNCH

Courgette soup
Wiener sausage with
couscous vegetables and
tabouleh

Fruit salad

SNACK

Gluten-free marbled cake +
appel juice

DINNER

Carrot soup
Gluten-free macaroni, ham
and cheese, gluten-free
bread, salad bar
or
Stuffed potatoes with
mozzarella
Vanilla Cream

BREAKFAST

Buffet + sliced ham

LUNCH

Tomato soup
Chicken breast with
steamed vegetables

Fruit

SNACK

Gluten-free brownies +
multifruit juice

DINNER

Pea soup
Chicken salad and raw
vegetables, gluten-free
bread, salad bar
or
vegetable spring roll
Chocolate mousse

BREAKFAST

Buffet + scrambled eggs

LUNCH

Pumpkin soup
Hamburger (beef), cheese
and gluten-free bun, fries,
salad bar

Fruit salad

SNACK

Gluten-free madeleines+
chocolate milk

DINNER

Leeks soup,
Gluten-free spaghettis
bolognese, bread, salad
bar
or
Four-cheese penne
Vanilla ice cream

BREAKFAST

Buffet + sliced cheese

LUNCH

Broccoli soup
Chicken breast, steamed
potatoes, apple sauce

Fruit

SNACK

Gluten-free chocolate
waffle + orange juice

DINNER

Tomato soup
Vegetable tortillas, gluten-
free bread, salad bar
or
Chicken or vegetables
springrolls
Chocolate cream

BREAKFAST

Buffet + sliced ham

LUNCH

Broccoli soup
Steamed hake fillet, rice,
ratatouille of Mediterranean
vegetables

Fruit salad

SNACK

Gluten-free madeleines+
appel juice

DINNER

Tomato soup
Chicken or vegetable
paella, gluten-free bread,
salad bar
or
Gluten-free macaroni with
ham and cheese
Caramel cream

BREAKFAST

Buffet + sliced cheese

LUNCH

Courgette soup
Hamburger (beef), cheese and
gluten-free bun, fries, salad bar

Fruit

SNACK

Gluten-free brownies +
chocolate milk

DINNER

Pumpkin soup
Cantonese-style Pan-fried
quinoa, bread, salad bar
or
Gluten-free spaghettis
bolognese
Chocolate mousse

BREAKFAST

Buffet + sliced cheese

LUNCH

Pea soup
Chicken breast with
steamed vegetables

Fruit

SNACK

Gluten-free marbled cake +
multifruit juice

DINNER

Carrot soup
Gluten-free chicken and
vegetable tortilla, salad bar
Vanilla ice cream



Breakfast buffet: White and brown bread (toasted or not), jams, spread, butter, cold milk, hot chocolate, coffee or tea, one glass of orange juice per person, water.
Vegetarian and pork-free menus available upon request at no additional cost.
Gluten free and/or lactose free menus are available for an additional €3.50/day/person